

DEPARTMENT HANDOUT: DIRECTOR & EXECUTIVE OVERVIEW

LOCKDOWN OF ONE

2 Male + 1 Female (M + M + F) | Genre: Emotional Drama | Runtime: 6 - 9 Mins

OFFICIAL STORY LOGLINE:

A stubborn father hides a serious diagnosis from his exhausted daughter, forcing a small clinic consultation room to become the battleground where pride, fear, and love finally collide. With a doctor caught between them, one evening becomes a reckoning that turns denial into truth and distance into reconciliation.

DIRECTOR'S DRAMATIC VISION & TONAL CONCEPT:

- Visual tone: intimate, restrained, and emotionally pressurized, with warm practical light against fading daylight to create a fragile, human cocoon.
- Thematic depth: denial versus truth, parental sacrifice, filial duty, and the quiet violence of emotional withholding.
- Pacing: begins with light tension and dry humor, tightens into confrontation, then opens into stillness and release.
- Performance style: naturalistic, with pauses, interruptions, and overlapping emotional subtext carrying as much weight as dialogue.
- Camera language: observational and close, letting the room feel small enough to trap the characters but soft enough to allow tenderness.
- Emotional arc: comedy-to-conflict-to-confession-to-release, ending on a note of earned hope rather than easy resolution.

CAST AT A GLANCE & CHARACTER ARCS:

- **character:** Dr. Piyush | **age:** 39 | **look:** Slightly rumpled, tired but composed, stethoscope around neck, professional attire with the lived-in fatigue of a long evening shift. | **dramatic_arc:** Begins as a calm mediator, becomes the emotional translator between father and daughter, and ends as a quiet bridge for reconciliation.
- **character:** Ashok | **age:** 62 | **look:** Stubbornly upright, cotton shirt, worn sandals, weathered face, carrying pride like armor. | **dramatic_arc:** Starts defensive and dismissive, reveals calculated emotional sacrifice, and finally surrenders his pride for his daughter's sake.
- **character:** Rina | **age:** 36 | **look:** Office wear, tense posture, folder of reports held tightly, eyes carrying exhaustion, anger, and deep fear. | **dramatic_arc:** Begins as the practical caretaker, erupts in long-suppressed frustration, then collapses into vulnerable love and acceptance.

FESTIVAL & AUDIENCE TARGET: Ideal for Short Film Festivals, Indie Showcases, and YouTube Creator Channels. Focus on tight performances, sound design, and authentic Hinglish dialogue delivery.

DEPARTMENT HANDOUT: ART, WARDROBE & PROP MASTER

1. SET DESIGN & SPATIAL DEPTH PLAN:

A small clinic consultation room that feels intimate and slightly overused, with a compact desk as the emotional center. The desk should hold a prescription pad, a water glass, and a folder of medical reports, all clearly visible and within reach. Warm desk lamp light should pool on the desk surface, revealing paper textures, pen marks, and subtle wear. Frosted glass at the back or side should diffuse the fading daylight into a soft, cool wash, creating a layered contrast between warmth and distance. Chairs should be simple, functional, and close enough to intensify confrontation. The room should feel narrow enough that standing and sitting positions create power dynamics. Surfaces should have a faint clinical cleanliness but not sterility; slight scuffs, matte paint, and practical clutter should suggest a real working clinic at the end of the day.

2. COSTUME & WARDROBE CONTINUITY:

- **character:** Dr. Piyush | **costume:** Neutral doctor attire with a slightly rumpled, end-of-day look; stethoscope worn around the neck throughout. | **continuity_notes:** Keep the shirt subtly creased and the overall appearance tired but professional from start to finish.
- **character:** Ashok | **costume:** Cotton shirt and worn sandals, with clothing that reads practical, old, and unshowy. | **continuity_notes:** Sandals must remain visible as a character detail, especially in moments of hesitation and surrender.
- **character:** Rina | **costume:** Office wear appropriate for an evening after work, neat but visibly strained by a long day. | **continuity_notes:** Wardrobe should support the sense that she came directly from responsibility and urgency, not from home.

3. HERO PROPS MASTER CHECKLIST (PRACTICAL ON-SET ASSETS):

- **prop:** Medical reports folder | **details:** Held tightly by Rina on entry; later placed on the table; must feel important, official, and emotionally loaded.
- **prop:** Stethoscope | **details:** Worn around Dr. Piyush's neck at the start, signaling his role and remaining visible as a constant professional anchor.
- **prop:** Prescription pad | **details:** On the desk at the start; picked up by Piyush near the end; should feel like the instrument of both treatment and decision.
- **prop:** Water glass | **details:** Placed on the desk; slid toward Rina during her breakdown; must catch warm lamp reflections.
- **prop:** Desk lamp | **details:** Warm practical source that defines the room's emotional center and contrasts with the fading daylight.

4. PRACTICAL SFX & MAKEUP (MUA):

Keep makeup naturalistic and performance-led. Dr. Piyush should have subtle under-eye fatigue and slight shine from a long evening shift. Rina should show restrained stress: faint under-eye darkness, slight facial tension, and tear readiness that can break into visible crying. Ashok should have weathered skin texture, age-appropriate lines, and a grounded, lived-in face. SFX needs are minimal and realistic: tear tracks for Rina in the breakdown, slight sweat or skin sheen under warm lamp light, and subtle redness around the eyes as emotion escalates. No overt injury or heavy prosthetics; the emotional distress must read through realism and lighting response.

ACTOR MASTERCLASS & HINGLISH AUDITION SIDES

STORYDILSE PRODUCTION BIBLE

DEPARTMENT HANDOUT: ACTORS & CASTING DIRECTOR

STANISLAVSKI SUBTEXT & CHARACTER DRIVERS:

- **character:** Dr. Piyush | **super_objective:** To guide the family toward truth and treatment without escalating their conflict. | **subtext:** He is not just reading reports; he is trying to protect two people from emotional collapse while staying clinically steady.
- **character:** Ashok | **super_objective:** To preserve his dignity while secretly protecting his daughter from guilt and panic. | **subtext:** His resistance is not denial alone; it is a final act of paternal control and love.
- **character:** Rina | **super_objective:** To force honesty and secure treatment for her father before it is too late. | **subtext:** Her anger is a shield over fear, grief, exhaustion, and the need to be seen in her caregiving role.

CANONICAL HINGLISH AUDITION SIDES (CLIMACTIC SCENE):

RINA

Doctor, please... inko samjha dijiye. Yeh treatment maan hi nahi rahe.

ASHOK

Main bilkul theek hoon. Tum overreact kar rahi ho.

RINA

Pichhle do saal se main har call utha rahi hoon. Har appointment pe office chhod ke aayi hoon. Har baar aap bolte ho, "Main theek hoon."

ASHOK

Toh kya bolun? "Main toot raha hoon"? Tumhe aur tension deni thi?

RINA

Mujhe sach dena tha!



DEPARTMENT HANDOUT: CINEMATOGRAPHY & SOUND DEPT

1. CINEMATOGRAPHY CONCEPT & LENS PALETTE:

Use intimate, restrained coverage with a preference for medium close-ups and close-ups that trap emotional reactions inside the small room. Lenses should feel natural and human, avoiding distortion; a mild telephoto feel can compress the space and intensify the confrontation. Camera movement philosophy should be minimal and motivated: gentle push-ins during emotional reveals, static holds during silence, and subtle reframing when power shifts between characters. The camera should behave like a quiet witness, never flashy, always listening.

2. 3-TIER LIGHTING SCHEMATIC:

Tier 1: Opening balance — warm desk lamp as the key practical, with soft fading daylight through frosted glass as a cool ambient fill, establishing emotional contrast and time of day.

Tier 2: Confrontation build — slightly reduce ambient daylight feel so the warm lamp dominates, tightening the room visually and making faces more sculpted and intimate.

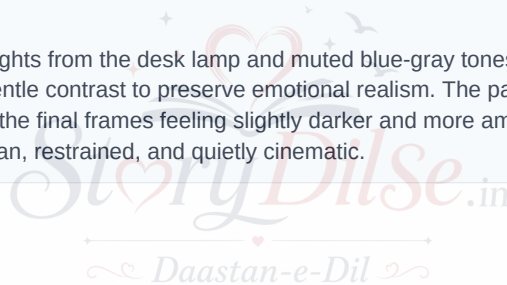
Tier 3: Reveal and release — keep the lamp warm and steady while allowing the background to fall darker, isolating the trio in a shared emotional pocket and emphasizing the final reconciliation.

3. SOUND DESIGN & FOLEY ATMOSPHERE:

Keep the room acoustically small and dry, with subtle clinic ambience and a faint evening hush outside the frosted glass. Foley should include paper rustle from the reports, the soft placement of the folder, the slight clink or movement of the water glass, chair shifts, sandal movement, and the quiet tap or slide of the prescription pad. Dialogue should feel close-mic'd and intimate, with silence used as a dramatic sound element during the reveal. Ambient room tone should remain low and unobtrusive, allowing pauses and breath to carry emotional weight.

4. COLOR GRADING LUT & PALETTE:

Use a warm, intimate LUT with amber highlights from the desk lamp and muted blue-gray tones from the frosted daylight. Skin tones should remain natural and slightly softened, with gentle contrast to preserve emotional realism. The palette should lean toward warm browns, soft creams, and subdued clinical neutrals, with the final frames feeling slightly darker and more amber as evening deepens. Avoid overly saturated colors; the grade should feel human, restrained, and quietly cinematic.



1-DAY SCHEDULE, CALL SHEET & LOGISTICS

STORYDILSE PRODUCTION BIBLE

DEPARTMENT HANDOUT: PRODUCER & LINE MANAGEMENT

TIME	ACTIVITY / SCENE BLOCK	KEY DEPARTMENTS INVOLVED
08:00 - 09:30	Pre-light consultation room and place practical desk lamp, water glass, reports folder, and prescription pad	Camera, Gaffer, Art
09:30 - 10:30	Block actor positions, chair movement, and desk interactions for all dialogue beats	Director, Camera, Actors
10:30 - 12:00	Shoot opening entry and first treatment discussion coverage	Camera, Sound, Actors
12:00 - 13:30	Shoot confrontation and emotional breakdown sequence	Camera, Sound, Makeup, Actors
13:30 - 14:30	Shoot reveal, confession, and final reconciliation beats	Camera, Sound, Actors

LOCATION HACK & BUDGET SAVING TIPS:

Use one real clinic room and dress it minimally with a desk lamp, one desk, three chairs, and a few controlled props. Let frosted glass be simulated with diffusion or existing textured glass instead of building a set. Keep lighting practical-heavy to reduce rigging needs. Shoot the entire film with a small lens package and mostly static or gently handheld setups to save time. Prioritize performance and sound over complex camera movement. Use natural wardrobe from actor closets if it matches the script, and keep makeup subtle to avoid extra continuity complexity. The emotional power comes from blocking, pauses, and framing, not expensive production design.

• **Mandatory Licensing:** Completely free for student/commercial production with on-screen credit: 'Story & Screenplay by Story Dil Se (storydilse.in)'.

