

LOCKDOWN OF ONE — VISUAL STORYBOARD GUIDE

DIRECTOR'S VISUAL APPROACH (Emotional Drama): This storyboard is designed as an easy, creative guide to help you shoot the film. Each scene beat below describes what the audience sees on screen, character movement/staging, the lighting vibe, and the dramatic purpose.

SCENE 01: THE CLINIC DOOR OPENS

Camera Vibe: Wide room view with the desk lamp anchored in foreground and the door in frame

- **What We See on Screen:** A small consultation room glows under a warm desk lamp while cool, fading daylight leaks through frosted glass. The door opens and Rina enters first with the medical reports folder, followed by Ashok in worn sandals, creating an immediate contrast between urgency and stubborn calm.
- **Actor Movement & Staging:** Rina moves quickly and tightly, holding the folder like evidence. Ashok enters upright and resistant, pausing as if he is stepping into judgment rather than care. Dr. Piyush is already inside, adjusting his stethoscope and preparing to listen.
- **Lighting & Mood:** Warm amber pool from the desk lamp against soft blue-gray daylight, creating a split between emotional warmth and external evening coolness.
- **Why This Shot Works (Director Note):** Establish the room as a pressure cooker and introduce the family triangle with clear emotional roles before any dialogue escalates.

SCENE 02: THE FIRST CLASH

Camera Vibe: Medium three-shot shifting into over-the-shoulder coverage

- **What We See on Screen:** The reports folder opens on the desk as Piyush scans the pages. Rina stands restless while Ashok sits reluctantly, and the room begins to feel smaller as each line of dialogue cuts across the others.
- **Actor Movement & Staging:** Rina leans forward, demanding treatment. Ashok interrupts with defensive humor and denial. Piyush tries to keep the exchange calm, looking between them as the tension rises.
- **Lighting & Mood:** Lamp light becomes more dominant, with the background daylight fading slightly so faces feel more isolated and emotionally exposed.
- **Why This Shot Works (Director Note):** Show the surface-level argument while planting the deeper emotional fracture underneath.

SCENE 03: RINA'S BREAKING POINT

Camera Vibe: Close-up on Rina with intermittent reaction shots of Ashok and Piyush

- **What We See on Screen:** Rina's frustration spills out as she lists the missed calls, appointments, and sacrifices. The reports lie on the table as evidence of years of burden, and her eyes begin to fill with tears even as she keeps speaking.
- **Actor Movement & Staging:** Rina turns from anger to hurt, her body tightening and then opening into confession. Ashok's posture shifts from combative to still. Piyush lowers the reports and listens with quiet concern.
- **Lighting & Mood:** Warm key light catches the moisture in Rina's eyes, while the room edges darken to isolate her emotional truth.
- **Why This Shot Works (Director Note):** Let the audience feel the accumulated weight of caregiving and the pain of being unheard.

STORYBOARD: THE DRAMATIC BUILDUP & CLIMAX

SCENE 04: THE HIDDEN TRUTH

Camera Vibe: Tight two-shot on Ashok and Rina with Piyush partially in frame

- **What We See on Screen:** Ashok reveals that he already knew the diagnosis and came to clear his account, not just to seek treatment. The revelation lands like a physical shock, and Rina freezes as the meaning of his silence becomes clear.
- **Actor Movement & Staging:** Ashok looks down at his worn sandals, then finally speaks with controlled honesty. Rina stands stunned, her body going still before the emotional impact breaks through.
- **Lighting & Mood:** The lamp remains steady but the surrounding shadows deepen, making the confession feel private and irreversible.
- **Why This Shot Works (Director Note):** Transform the scene from a medical consultation into a father-daughter reckoning about love, control, and fear.

SCENE 05: TIME HAS ITS OWN COUNT

Camera Vibe: Intimate close-up on Dr. Piyush with both family members visible in the emotional field

- **What We See on Screen:** Piyush gently sets the prescription pad aside and delivers the line about treatment being possible but time being different. The room falls into silence, and the words hang in the air like a verdict and a mercy at once.
- **Actor Movement & Staging:** Piyush speaks with careful softness, choosing honesty over comfort. Rina's anger collapses into fear. Ashok absorbs the truth without retreating.
- **Lighting & Mood:** A still, warm practical glow with minimal ambient fill, allowing the silence and facial reactions to dominate the frame.
- **Why This Shot Works (Director Note):** Give the audience the emotional pivot where denial ends and reality becomes unavoidable.

SCENE 06: HANDS, TEARS, AND ACCEPTANCE

Camera Vibe: Final close three-shot that holds the family together in one frame

- **What We See on Screen:** Rina cries openly as Ashok says he came not to die but to support her. She takes the water glass, then reaches for his hand. Piyush writes the prescription while the room settles into a fragile peace under the lamp.
- **Actor Movement & Staging:** Rina breaks and then softens into acceptance. Ashok finally surrenders his pride and allows the handhold. Piyush returns to doctorly action, but with visible human fatigue and hope.
- **Lighting & Mood:** Warm amber light deepens as the evening darkens outside, turning the room into a small island of reconciliation.
- **Why This Shot Works (Director Note):** End on emotional release and earned tenderness, with the final frame feeling like the beginning of healing rather than the end of conflict.

CREATIVE SHOOTING CHEAT-SHEET FOR THE DIRECTOR:

- **Keep Camera at Eye-Level:** In small rooms or single locations, eye-level framing makes the audience feel trapped in the room with the characters.
- **Reaction Shots are Gold:** When a secret or punchline lands, hold the camera on the character *listening* to capture their silent shock.
- **Audio Drives Emotion:** Whispers, deep sighs, and awkward silences carry 60% of the dramatic tension.